

Workshop & Hypnosis

LUCA BERTOGLIATI COLUCCI AND MARIE BOVET

The «Workshop and Hypnosis» group workshops combine practical exercises in acting techniques, theory and hypnosis. Luca and Marie offer you a unique coaching, focused on your needs and expectations.

The workshops will enable you to develop and work effectively on your public speaking skills (eloquence, voice, posture), your creativity, your ability to deal with unexpected situations, your self-confidence, etc.

WORKSHOP & HYPNOSIS COURSE PROGRAMME

1. Relaxation and conditioning with Marie
2. Practice and theory with Luca
3. Group hypnosis for integration with Marie

The first workshop starts in October 2022. Future «Workshop and Hypnosis» workshops are being developed.

Who is it for?

Anyone who wants to improve their public speaking skills and self-confidence.

Professions in which one is regularly asked to speak (coach, social worker, police or security officer, military, lawyer, artist, journalist, manager, project leader, director, teacher or class teacher, freelancer, widow(er), entertainer, carer: doctor, nurse, physiotherapist, dietician, midwife, medical radiology technician, etc.).

NEW WORKSHOP & HYPNOSIS: PUBLIC SPEAKING AND SELF CONFIDENCE

LIMITED PLACES: MAXIMUM 6 PEOPLE PER GROUP

DATES OF THE WORKSHOPS:

Group 1	3 Sundays, from 4 - 7 pm 02.10.22 / 16.10.22 / 30.10.22 (total price: 600 CHF)	Group 3	3 Mondays, 7.30 - 10.30 pm 03.10.22 / 17.10.22 / 31.10.22 (total price: CHF 500)
Group 2	3 Sundays, from 4 - 9 pm 09.10.22 / 23.10.22 / 06.11.22 (total price: 600 CHF)	Group 4	3 Mondays, 7.30 - 10.30 pm 10.10.22 / 24.10.22 / 07.11.22 (total price: CHF 500)

Registrations <https://lucacolucci.space/contacts>

You will then receive the information and payment method for the workshop. Your registration will be confirmed as soon as we receive your payment.

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LUCA BERTOGLIATI

independent actor

www.lucacolucci.space

Luca Bertogliati Colucci is an independent actor. With a wealth of experience in various fields (including social and associative work), he trained as an actor at the Acting Studio in Lyon. This school, founded by Joëlle Sevilla (Dame Séli-Kaamelott), enabled him to discover and develop acting techniques based on the method of Constantin Stanislavski and the Anglo-Saxon approach.

He has acted in several plays, short films (with RTS, T. Schwobb), a feature film (by C. Chamis), other film and series projects as well as his third one-man show entitled ALTER EGO between Switzerland and France.

In 2021, he decided to use his experience to help professionals and individuals in various fields whose work requires a certain degree of ease in public or in a group: engineers, lawyers, project leaders, freelancers, teachers or simply people wishing to improve their self-confidence and public speaking skills.

PRESS ARTICLES

Gazette de Genève

https://www.gazette-geneve.ch/Luca-Bertogliati-Colucci-la-magie-devant-la-camera_a231.html

20 minutes

<https://www.20min.ch/fr/story/luca-bertogliati-colucci-lhomme-qui-presente-la-terre-aux-aliens-131857595076>

Radio chablais

<https://www.radiochablais.ch/podcasts/podcast-detail?idPodcast=44719>

MARIE BOVET

Psychologist FSP, Certified
Hypnotherapist, Registered
Dietician

- Psychologist FSP, Master in Clinical and Health Psychology
- Hypnotherapist, OMNI contemporary hypnosis practitioner
- Qualified Dietician, Bachelor in Nutrition and Dietetics

